



TUESDAY
May 5th, 2026

Heritage Woods Secondary

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



CHECKING YOUR
SCHOOL EMAIL
EVERYDAY

Ensures YOU don't miss

IMPORTANT
INFORMATION!

FLEX ATTENDANCE

Please remember to have a Flex plan for the week!

Use this QR code:



Or Log in : <https://hwss.myweeklyplanner.net>

FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
 - Flex is instructional time = Cell phones stored





My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.



Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.



Thank you for your cooperation!



**Please be respectful
and refrain from
parking in the
handicap spots
located at the back
of the school.
Unauthorized
vehicles may be
towed at the owner's
expense.**



Just arrived
in HWSS
library!

THE AMAZING GENERATION



**JONATHAN
HAIDT**

#1 New York Times Bestselling
author of *The Anxious Generation*

**CATHERINE
PRICE**

Bestselling author of
How to Break Up with Your Phone

THE AMAZING GENERATION

JOANATHAN HAIDT AND CATHERINE PRICE

Inspired by *The Anxious Generation*, this new book for kids, tweens, and teens is a comprehensive guide for **living a happy and exciting life that isn't hijacked by a smartphone.**

Whether or not kids already have smartphones or social media accounts, this guide is packed with **surprising facts**, a graphic novel, **interactive challenges**, secrets that tech leaders don't want kids to know, and **real-life anecdotes from young adults who regret getting smartphones at a young age** and want to help the next generation avoid making the same mistakes.

GRADE 12 STUDENTS

The Table reservation form is overdue.

Please make sure that you have paid for
your Dinner and Dance Tickets

And if you haven't, please fill in the table
reservation form as soon as possible.



Heritage Woods Secondary

ATHLETICS BANQUET

Celebrating Excellence and Achievement

Thursday, June 11

*Tickets can be purchased on SchoolCash Online
Please complete by May 15th

CLUBS



HOMWORK HELP:

WHEN: Everyday but
Tuesdays

WHERE: Room 231
(Resource room)

WHEN: 3:30–5PM

WHO: Gr 9–12

CONTACTS:

Email –

hwsoaptutor@gmail.com

Insta –

[@hwsoaptutoring](https://www.instagram.com/hwsoaptutoring)

Teams code – of98s6s

Society of Academic Philanthropists Club

BECOME A
TUTOR!

BE A ONE-ON-ONE OR HW HELP TUTOR!

- ✓ Earn volunteer hours
- ✓ Gain teaching experience
- ✓ Contribute to school community
- ✓ Connect with like-minded people
- ✓ Build your resume

HWSS Pride Club'
WORD OF THE WEEK

Two-Spirit

Two Spirit is an umbrella term used by some North American indigenous people to describe identifying with a different gender/sexuality within indigenous communities. This can encase different roles and represent their identity as a LGBTQIA2S+ indigenous person.



If you have any questions about the HWSS Pride Club, email us at [sstewart@sd43.bc.ca](mailto:ssewart@sd43.bc.ca)

CAREER CENTER



Emily Carr University of Art + Design (ECU), in partnership with Surrey Schools, the Vancouver School Board, and School District No. 43 (Coquitlam), is proud to support the next generation of artists and designers as they begin their journey to post-secondary education. Through the Head Start in Art dual credit pathway, selected high school students have the opportunity to take a first-year university course at ECU. While still in high school, students can earn both university credit toward an undergraduate degree and high school credit toward graduation, gaining early exposure to the creative learning environment at ECU.

WHO IS THIS PROGRAM FOR?

The Head Start in Art program is for students who:

- Are currently in grade 11 or 12 or are recent graduates from the secondary schools in the following school districts: Surrey Schools, Coquitlam School District, Vancouver School Board
- Are considering post-secondary studies in visual art, media art or design.
- Want to get a jumpstart on their post-secondary education and earn **dual credit** before officially beginning undergraduate studies.

The course will particularly benefit students developing a portfolio for admission to post-secondary programs.

COURSE DETAILS

Foundation 108 – Creative Processes (3 credits)

Dates: Fall Semester 2026
Day + Time: Saturdays, 9:30am - noon
Location: Emily Carr University

In this course, students will:

- Be introduced to the methods, materials, and concepts of drawing as a visual language and as a tool for enhancing perceptual awareness.
- Begin to acquire the skills to translate immediate observation and ideas into two-dimensional form while investigating processes and developing a critical vocabulary.
- Gain hands-on experience with in-class projects and assignments encompassing various aspects of drawing.
- Explore contemporary and historical art and design ideas through visual presentations and class discussions in a supportive, inclusive environment.

Space is limited.

ADMISSION REQUIREMENTS

As this is a **university-level course**, students must meet all the following ECU academic admission requirements:

- English 11 or 12 (minimum "C" grade)
- Two other grade 11 or 12 academic courses
- Two grade 11 or 12 electives (Visual Art 11 or 12 recommended)
- Overall grade point average of 2.5 ("C+" or 67%)

APPLICATIONS

In order for your application to be complete, you must submit the following:

- An Application Form (signed)
- Diploma Verification Form OR transcript of grades
Note: Students may apply having only completed English 11; however, English 12 and Grade 12 academic and elective classes are the final requirements for future admission to Emily Carr University.
- A Recommendation Letter from your home school's art teacher (or equivalent)
- Consent form (signed)

Applicant materials must be submitted to the appropriate Career Department at each school district.

Application forms are available through the high school Career Center or on the School District's websites.

TUITION AND FEES

Tuition for the course is paid by the school district. Students are responsible for the Head Start program fee, which includes the capital refresh, technology, materials and learning access fees. For a full breakdown of ECU mandatory fees, please visit: <https://ecuad.ca/tuition-fees-undergrad>

Tuition: \$471.06
Head Start program fee: \$195.51

This program is open to domestic (Canadian) students only.

For application visit career
centre website or email
bking@sd43.bc.ca
If interested let Mr. King know
before May 08 so he knows
numbers. Email Mr. King if
you have questions.

COMMUNITY



Leadership 12 Gleneagle
Pathfinders present

EXplore your Possibilities



A **CAREER DISCOVERY** event | There is no single right path.

9 guest speakers with valuable knowledge, including:

- **Mayor of Coquitlam**
- **Lawyer**
- **Surgeon**
- **Former national athlete**
- **Musician**

...and more!

LOCATION:
GLENEAGLE
SECONDARY SCHOOL

Light refreshments | Live music

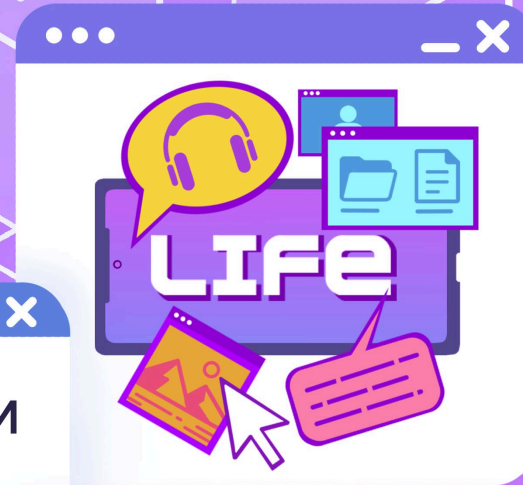
MAY.15

Friday, 6:00–8:30pm

FREE ENTRY

FOR ALL
GR. 9-12
STUDENTS
OF SD43!

UPCOMING HACKATHON YOUR LIFE



Date:
May 30-31, 9AM-6PM
Location:
BCIT Burnaby Campus
SW1 Building

Register Now!



- \$200+ worth of prizes
- Learn and connect with other students and professionals from Greater Vancouver

Early Registration Fee: \$10.00
Only until April 30th, 11:59PM
Food and Snacks Provided!

The \$3,000 Dr. Hal Weinberg Scholarship is awarded annually to a Grade 12 student who is a resident of Anmore and has demonstrated exceptional commitment to their community and is planning to continue their education at a post-secondary institution.



Application deadline is MAY 19, 2026

- Submit your completed application **by the deadline**:
 - apply via online application form on anmore.com
 - emailing completed application to esin.gozukara@anmore.com
 - drop off or mail completed application to 2697 Sunnyside Road, Anmore BC, V3H 5G9
Hours of operation: 8:30 a.m. - 4 p.m. Monday - Friday

SCHOLARSHIP CRITERIA

Eligibility Requirements:

- Must be a Grade 12 student residing in Anmore and graduating from high school.
- Must have plans to pursue post-secondary education. Recipients must enroll in a post-secondary institution within one year and provide proof of enrollment to receive the scholarship.

Community Service:

- Applicants should demonstrate exceptional community service in Anmore, including volunteer hours. Volunteering specifically within Anmore or with the Anmore Youth Group is highly valued.
- Nominees must demonstrate proof of their academic achievements as well as their extra-curricular activities.

Application Must Include:

- A personal letter outlining how you meet the scholarship criteria, your future plans and how you would utilize the scholarship
- A letter of reference from the applicant's school, verifying your qualifications.
- A copy of the applicant's interim transcript, covering both Grade 11 and Grade 12. If your interim transcript is not available, please submit the most up-to-date school records and report cards.
- A completed application form, detailing all necessary personal and academic information.

APPLICATION CONSIDERATION

Scholarship applications received by **Tuesday, May 19, 2026** will be selected by Council in a Closed Meeting following the application deadline. Council may decide not to award the scholarship in a given year, or to divide the scholarship between multiple recipients. Only successful applicants will be contacted.